

STROUDWATER CANAL

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TRIP TYPE : SOLO CYCLE, THERE AND BACK
OBJECTIVE : CYCLE THE CANAL FROM SAUL JUNCTION TO BRIMSCOMBE, IN BOTH DIRECTIONS
DISTANCE : 23.4 MILES (APPROX 12 MILES EACH WAY)
TIME : 3¼ HOURS
NICHOLSON : GUIDE 2 pp 156, 157, 160, 161
COSTS : PAY + DISPLAY IF USING A CAR PARK
DIFFICULTY : EASY

OVERVIEW : A beautiful and fascinating stretch of canal, originally serving the mills and other industry of Stroud, and linking the River Severn to the Thames via the Thames and Severn Canal extension.

Easy to ride with good towpaths, lovely scenery, and plenty of stopping points. Some sections are under restoration so the towpath may be closed. These directions are as of November 2021, with Phase 1b restoration (Saul to Brimscombe) underway. Towpath access will change as this progresses.

Start at any point that suits: pay and display parking at Saul Visitor Centre, GL2 7LA. Stations close to the canal are Stonehouse and Stroud.

1. SAUL MARINA TO STROUD (8 MILES)

If parking at the visitor centre continue up to the boat club and cross the footbridge. Walk your bike past the